



Volume 5
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The Official Publication of the Missouri National Active and Retired Federal Employees



Welcome to the “Get Your Kicks on Route 66” Conference, May 4-5, 2022

The 2022 Conference will begin at noon on Wednesday, May 4 and concludes mid-afternoon May 5. Lunches on Wednesday and Thursday will be included with your Conference Registration. See the conference agenda on Page 10.

The room rate is \$109 per night for attendees. Breakfast is not included with your hotel room. The hotel will extend the room rate 3 days before and after the Conference. *Hotel reservations must be made directly with the Hotel* by April 4, 2022. State that you are attending the MO NARFE Conference.

Conference registration is \$65 per person and the banquet is \$60 per person. We will have the traditional live auction to benefit Alzheimer’s at the banquet.

Registration will be open in January.

Online registration at www.MONARFE.org is recommended. If you prefer to register by mail and pay by check, make your check payable to **MO Fed of NARFE**. Mail in your completed registration form (**Page 8**) with payment in full to: Mrs. Alice Duwe, PO Box 308, Ozark, MO 65721. Mail-in 50/50 Raffle Tickets for the NARFE Conference follow the registration form.

It’s Missouri Federation Election Time!

Vote for Missouri Federation officers for the 2022-2024 term. The Federation Executive Board elected officers serve to organize the chapters throughout the state. The Congressional District Leaders (CDL) will maintain positive working relationships with local staff of the Congressional District(s) and/or Senatorial Offices and will keep NARFE Federation members informed of

the latest legislative news that affects NARFE members. The CDL will organize visits or letter-writing actions for Federation members in the assigned district when NARFE’s legislative priorities are affected. Vote for one CDL – the one who represents your congressional district. The **Federation officer ballot is on Page 4**. Candidate statements begin on Page 7. **VOTE!** Return your

ballot by email MONARFEvoting@gmail.com or mail by January 26, 2022.

Vote on the **Bylaw Amendment on Page 5** to decide whether to change the MO Federation Conference from annual to biennial. Vote YES or NO and return the ballot by January 26, 2022, by email MONARFEvoting@gmail.com or by mail.

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Note to Chapter Officers: Please notify the Editor of any changes to this information.

IMPORTANT PHONE NUMBERS AND ON-LINE CONTACTS

- Office of Personnel Management (OPM); Retirement Matters & Report of Death: 1-888-767-6738 • retire@opm.gov
- Taxes: Annuitant Express, Change Tax Withholding: 1-800-409-6738
- Federal Long Term Care: 1-800-582-3337 • www.LTCFEDS.com
- Thrift Savings Plan: 1-877-968-3778 • www.tsp.gov
- Social Security: 1-800-772-1213 • www.ssa.gov
- Members Records (Email or Address Change): 1-800-456-8410 • memberrecords@narfe.org
- National NARFE website: www.narfe.org
- National Headquarters NARFE Service Officers: 1-800-456-8410
- NARFE Legislative Hotline: 1-877-217-8324
- Fed. Legislation - White House: 1-888-225-8418 • Direct Line to Congress: 1-866-220-0044
- Congressional Voting Records: www.votesmart.org • www.issues2000.org

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GUIDELINES FOR PUBLICATION

Change of address: You will receive the *Missouri NARFE News* at the address on your current NARFE magazine from National Headquarters. If you change your address, please notify Member Records toll-free at 1-800-456-8410, send an email message to memberrecords@narfe.org, or mail the notification to NARFE National Headquarters, 606 N. Washington Street, Alexandria, VA 22314, Attention: Member Records. Neither the editor of this publication, nor the Missouri Federation of Chapters, nor the publisher can handle such requests.

Contributor's Instructions: *The Missouri NARFE News*, The Official Publication of the Missouri National Active and Retired Federal Employees will be in print every third month (tri-monthly). To ensure a quality product we need help and support from you, the members. Material may be edited for grammar, clarity and length. Because of the volume, they will not be acknowledged. Please use the following instructions as a guide for your article submissions. If you have questions please feel free to contact the Editor.

It is incumbent on all federation officers to submit appropriate articles and pictures of events occurring in their area of responsibility. Chapter officers and members are encouraged to submit brief articles and pictures of general interest about Chapter happenings.

Please identify the event and the individuals in the picture and mark the Chapter number on the back of each photo. Photos cannot be returned, so you should not send originals. Articles related to legislative matters and recruiting techniques are especially encouraged. All materials should be submitted to the Editor, Mary Lamping, 117 N. Van Buren Ave, Kirkwood, MO 63122, or MLMary47@gmail.com. You are encouraged to use email as much as possible to submit your articles. Articles should be submitted in MS WORD or WORKS (either by mail or email attachment) to the Editor. If you cannot submit in Word or Works, copy and paste the article in the text of an email. Typed, single-spaced material is also acceptable. In order to meet the publisher's deadline, the editor must receive material no later than the date published in the Editor's box on the next page.

Privacy: The Federation respects your privacy and will do everything to protect it in the *Missouri NARFE News*. The Federation Executive Board has adopted a policy to only print individual names and phone numbers, but not mail or email address (except the Federation Executive Board). Contributors should be aware and comply with this policy when submitting your articles.

Federal Income Tax: Dues payments and gifts or contributions to NARFE are not deductible as charitable contributions for federal income tax purposes. Membership dues include subscription to this newspaper.



The Missouri NARFE News

2022 PUBLICATION SCHEDULE

Articles must be submitted to the editor by: **Feb. 12** for the **March 2022** issue.



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BALLOT

NARFE MO Federation Elected Officers, 2022-2024 term

Please circle/indicate your choice for each candidate. Even though there may only be one candidate running for a position, it is imperative that there be a vote for (YES) or against (NO) each candidate. Vote only for the CDL who represents your congressional district. **RETURN BALLOT BY JANUARY 26, 2022.**

Mail to: NARFE MO Federation c/o Michele Brown, Nomination Chair
 PO Box 38424
 St. Louis, MO 63138

or Email to: monarfevoting@gmail.com

<u>Federation Position / Name</u>	YES	NO	Congressional District Leaders (CDLs) NOTE: ONLY vote for one CDL, the one who represents your district.	
President Emerson Kretzer			1st District CDL Craig Pettibone	YES NO
1st Vice President Sherry Haskins			2nd District CDL Linda Kurz	YES NO
2nd Vice President Laura Cowart			3rd District CDL Stephen Price	YES NO
Secretary Kay Crayton			4th District CDL _____ (write-in)	YES NO
Treasurer Marcy Nelson			5th District CDL Joanne Collins	YES NO
			6th District CDL Joseph Manno	YES NO
			7th District CDL Paul Mosbaugh	YES NO
			8th District CDL _____ (write-in)	YES NO



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The following Federation Bylaws Amendment was submitted for membership voting:

1. Title: To change the Federation Conference from annual to biennial
2. Currently Federation Bylaw Article XI, Section 1. states **“The Federation shall hold an annual conference. The purpose of the conference shall be to report on legislative activities, member recruitment, Alzheimer’s and NARFE PAC efforts, training as needed, networking and to report results of biennial Federation elections and appointments, as well as, voting results on resolutions and amendments to the Federation or National Bylaws and Rules, as applicable, and for installation of officers”**
3. Specifically I propose The MO Federation Conference hold biennial state conferences in the year of an election only and that in the off-year hold only an annual meeting via electronic format.
4. If approved the Federation Bylaw, Article XI, Section 1 would state: **“The Federation shall hold a biennial conference in the year of an election and hold an annual meeting in the off-year via electronic format. The purpose of the conference shall be to report on legislative activities, member recruitment, Alzheimer’s and NARFE PAC efforts, training as needed, networking and to report results of biennial Federation elections and appointments, as well as, voting results on resolutions and amendments to the Federation or National Bylaws and Rules, as applicable, and for installation of officers.”**
5. The reason for the change is with the reduction of chapters, the commitment of a host chapter is becoming increasingly hard to find.
6. Estimated cost: None, as it would save money.

Submitted by: Laura Cowart, MO Federation 2nd Vice President

The Federation Bylaws and Resolutions Committee reviewed the proposal to ensure that it violates no National Bylaws and, if approved, would require these changes in other sections of Federation Bylaws as follows:

Article VII: The Executive Board, Section 3. Duties **“The Executive Board shall have general supervision of the affairs of the Federation between (annual conferences) an annual meeting or biennial conference.**

Article XI: The Federation Conference: Section 3. Annual Report: **“The Federation Secretary shall prepare an annual report immediately following the close of the Federation Conference(.) or annual meeting. This report shall cover the actions taken at the Conference(.) or annual meeting. It shall be distributed to the Region Vice President, and to the headquarters of the National Active and Retired Federal Employees (NARFE) Association.**

Minutes of the Federation Conference or annual meeting shall be distributed to all NARFE Association members via the Federation newsletter and website.”

Indicate your approval by checking: YES ___ NO ___

NOTE: Return this bylaw amendment ballot by **January 26, 2022**, by mail (NARFE MO Federation c/o Michele Brown, Nomination Chair, PO Box 38424, St. Louis, MO 63138) or by email: monarfevoting@gmail.com



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Statements from Candidates

Candidate Statement: Emerson Kretzer, President, MO NARFE Federation

Greetings Federation NARFE members. I have been nominated to be your next Federation President. My career with the federal government was with the US Postal Service as a rural letter carrier for almost 34 years, retiring in June 2018. I have been a member of NARFE since 2003 and I am currently the Service Officer for chapter 307 in St. Joseph. In 2012, I was elected to the Missouri Federation Board as the 6th District Officer the position, a I held until 2018 when I was elected 2nd Vice President on the state board. I was also active in the Missouri Rural Letter Carriers Association on their state board as Executive Committeeman for 3 years, Vice President for 3 years and President for 3 years before my retirement. I have been married to Denise, my wife, for 40 years and we have 1 daughter Stephanie 39 years old. I promise to do my best for the association if elected and continue the hard work of my predecessors.

Candidate Statement from Sherry Haskins, 1st Vice President/Legislation Chair (National), MO NARFE Federation

I worked for several agencies over my 27-year Federal government career, including the National Aeronautics and Space Administration, the Department of the Army, the Social Security Administration, the Department of Labor, and, most recently, the National Archives and Records Administration. Positions held include Student Trainee (Engineering), Equal Employment Opportunity Counselor, Management Assistant, and Human Resources Specialist. I also served as a Supply Corps Officer with the U.S. Navy, with duty stations in Okinawa, Japan and West Palm Beach, FL.

I participated in the Federation Mentoring Program from January to April 2017 and was elected as Secretary at the 2017 convention. I was reelected to a two-year term at the 2018 conference. As Secretary, I endeavored to ensure accurate and thorough records of Federation activities, as

well as facilitate communication among Federation members.

I was elected as Federation 1st Vice President/Legislation Chair (National) in 2020. I continue to work to increase grassroots advocacy by supporting the efforts of the Federation's eight Congressional District Leaders, as well as outreach efforts by Chapter Legislative Chairs.

I am a member of Chapter 2071, West St. Louis County.

Candidate Statement from Laura N. Cowart, 2nd VP for MO Federation Board

I served as the Missouri Federation President from 2018 to 2020. I serve on the Board currently as the Federation 2nd Vice President, Membership Chair, and FEEA Coordinator. I am a member of NARFE's Configuration Advisory Board (CAB) for Region V – Iowa, Kansas, Minnesota, Missouri, Nebraska, North Dakota, and South Dakota. With my background of previously serving as MO Federation President, the Springfield, Chapter 0011 President, 2nd VP of the MO Federation Board, 1st VP of the MO Federation Board, I ask for your vote during our upcoming election.

Candidate Statement from Marcy Nelson, Treasurer, MO NARFE Federation

I've been a member of Blue Springs Chapter 2041 of NARFE since 2003 and have been treasurer of the chapter since 2015. I was elected Federation Treasurer in 2017 and have enjoyed the experience so far. As a member of the host chapter, I also served on the planning committee and as treasurer for the 2019 Missouri Federation Conference. I attended the 2016 National NARFE Convention and 2018 Conference, the 2017 College of NARFE Knowledge and both the 2016 and 2017 Missouri Federation Conventions.

As Federation Treasurer, I have assisted chapters with filing their electronic IRS Form 990-N postcard returns. At the 2018 conference, I provided training to new chapter

treasurers from around the state. I would like to continue assisting chapters and helping maintain the Missouri Federation as an active, productive part of NARFE.

Candidate Statement from Craig Pettibone CDL MO-1

As CDL for MO-1, I have the honor to represent the Missouri NARFE Federation with the Honorable Cori Bush. I humbly ask for MONARFE members to vote for me to continue in this position for the next two years.

I find Rep. Cori Bush to be a very energetic Member of Congress. She is working hard to represent her constituents in MO-1 and demonstrates a keen interest in those constituents struggling to make ends meet.

During the past year, I have introduced NARFE to the office of the newly elected Representative Cori Bush and shared NARFE's Legislative Priorities for the 117th Congress. As a part of the June 23, 2021, Advocacy Day at LegCon21, I met virtually with Rep. Cori Bush's Legislative Assistant in Washington, DC, Saul Levin. I was able to discuss Repeal or Reform of the WEP/GPO, Securing More Accurate Cost-of-Living Adjustments (COLAs) for Seniors, and Protecting the Federal Employees Health Benefits (FEHB) Program from the threat posed by the pending Postal Service Reform Act.

Also, I am President of NARFE Chapter 112, Greater St. Louis Area. On behalf of MONARFE and NARFE, and in coordination with other St. Louis Area Chapters 1240 and 2071, I maintain liaison with St. Louis area staff for Senators Roy Blunt and Josh Hawley, and for Representatives Cori Bush and Ann Wagner. I attended the 2017 and 2021 NARFE Legislative Training Conferences, and the 2017 and 2019 College of NARFE Knowledge.

My career was focused on federal human resources for 35 years with the U.S. Office of Personnel Management, in Washington, DC, followed by 7 years as federal HRM consultant in Washington, DC with GRA, Inc. My professional education included: University of Wisconsin, Bachelor of Business Administration in 1965, and Juris Doctor in 1968.

Please complete the NARFE Missouri Federation Ballot in this edition of Missouri NARFE News and vote YES for Craig Pettibone as 1st District CDL.

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Chapter Name: _____ Chapter Number: _____

Check box if you are a National Only Member

Name: _____ Member #: _____

Address: _____

Email: _____

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2nd Member or Guest: _____ Member #: _____

Address: _____

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Registration: Total Number of Attendees _____

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2022 MO NARFE Conference Agenda (Draft)

Tuesday, May 3, 2022

6:00 pm PRESIDENT'S RECEPTION for REGISTERED MEMBERS AND GUESTS

Wednesday, May 4, 2022

8:00 am - 5:00 pm REGISTRATION
 8:00 am - 11:45 am Federation Executive Board Meeting
 8:00 am - 10:00 am Exhibitors and Alzheimer's Silent Auction Set Up
 10:00 am - 5:00 pm EXHIBITS OPEN
ALZHEIMER'S SILENT AUCTION OPEN
 12:00 pm BUFFET LUNCH for REGISTERED
 1:05 pm **CALL TO ORDER**
 Moment of Silent Reflection
 Presentation of Colors
 Pledge of Allegiance
 National Anthem
 Official Welcome
 1:30 pm Federation President Accepts Gavel
 Rules Committee
 Annual Business Meeting
 President's Report
 Approval of last Federation Conference Minutes
 Proposed Federation Budget by Federation Treasurer
 2:00 pm Keynote Address by National Officer
 3:00 pm Introduction of Sponsors and Exhibitors
 3:15 pm **AFTERNOON BREAK**
 3:30 pm **TENTATIVE PROGRAM:** "The Transportation Security Administration and Its Role Today"
 4:30 pm Breakout for Committee Meetings, Service Officer Training and Elected Officer Training
 6:00 pm Cash Bar
 6:30 pm **BUFFET BANQUET for REGISTERED ATTENDEES**

7:30 pm Entertainment
Duo: Juanita Lee and Kenny Key
 8:00 pm ALZHEIMER'S LIVE AUCTION
TENTATIVE Auctioneer Bob Kollmeier

Thursday, May 5, 2022

8:00 am **CALL TO ORDER**
 8:05 am Region 5 Vice-President
 8:30 am NARFE National Office Presentation
 9:00 am Alzheimer's Report
 9:15 am BREAK (Hotel Checkout)
 9:45 am NARFE National Office Presentation
 10:15 am **Committee Reports**
 Audit
 Budget
 Legislative
 Membership
 10:30 am NARFE National Office Presentation
 11:00 am **TENTATIVE PROGRAM:** "The Ethics of Eating: How do we eat in a way that is good to ourselves, others, animals and the environment?"
 12:00 pm BUFFET LUNCH for REGISTERED ATTENDEES
CALL TO ORDER
 12:50 pm Recognition of Past Presidents
Committee Reports
 NARFE PAC
 Time and Place
 Election Results
 1:05 pm **MEMORIAL SERVICE**
 1:30 pm **TENTATIVE PROGRAM:** "Credit Bureaus and Credit Reports"
 2:30 pm Announcement of 50/50 Winner
 Installation of Officers
 Submit Evaluations and Badge Holders
 3:00 pm **ADJOURNMENT**

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Recruit New NARFE Members to Keep NARFE Strong



EMERSON KRETZER
Federation President

Greetings to all my fellow NARFE members. Hope this finds you all well. NARFE has been in existence for the last 100 years from 1921-2021 with the sole purpose of protecting the pay and benefits of all federal employees. This alone should be enough to get all federal employees to join, but it is a continuing problem for us to get the younger employees to join and contribute to the continued success of NARFE. As we are continuing to lose our older members, it is imperative we recruit younger prospects to keep NARFE strong as a viable organization to confront Congress on behalf of our members. There is no other organization like NARFE dedicated solely to protecting federal employees. I'm asking each one of you to do your part and recruit at least one new member this year. Your state board is helping you to get our message out and recruit new members by paying the first-year dues for any new member recruited. Just since my last article in July, we have decreased in membership by 43 members. Let's all pitch in and help out with the recruitment of new members. Thank you all in advance for your help.

We had our presidents' meeting in conjunction with the national conference. It was to be held in San Antonio, Texas, and many of us were planning on attending in-person; but about a week before it was to happen, NARFE National President Ken Thomas decided that because of

the Covid virus spreading again with Texas being a hot spot, to cancel the in-person meeting and make it virtual. We were presented with a lot of new information about NARFE, from the new branding, marketing strategies, improving our magazine, the centennial celebration (going on all year), to a new website to be launched this fall called FedHub (where you will be able to communicate with other federal employees who may have the same problems or concerns as you). Also covered were Advocacy with the new 117th Congress for legislative priorities, which includes repeal of the WEP/GPO, pay raises for federal employees, and postal reform. NARFE was successful in getting Congress to pass the Government Employees Fairness Act, which will insure federal employees are paid whenever there is a government shutdown without any further legislation needed.

We were told that the national office is working to correct the AMS problems that members are reporting such as not being able to access and use the NES (National Email System) message system for the national only members, and problems correcting member information in the system. This is something that needs to be fixed to give us the access as we need it. Hopefully soon!!

When talking to new member prospects, remember to let them know all that NARFE stands for and what we have to offer. Let them know about the monthly magazine and especially about the webinars NARFE offers. For the price of one webinar, you get your membership and all its benefits. Also worth noting is the federal experts that NARFE has dealing with Retirement, TSP, Medicare, and Health Insurance. These experts have vast knowledge of

federal benefits and retirement and are available to all our members.

Our legislative priorities include Postal Reform, GPO/WEP, and COLAs. On postal reform we have HR. 3076 and S.1720, which would create a new risk pool in the FEHB plans and would have postal employees in a separate risk pool from other federal employees. That could lead to an increase in premiums. Ask your congressional representatives to withhold support until an analysis on changes to FEHB plans can be completed. NARFE would also like to see that postal retirees have a choice on Medicare Part B, and not be forced to enroll in it. The GPO/WEP HR. 82 and S.1302 - The Social Security Fairness Act - would completely repeal the GPO/WEP provisions. Once again, I believe Congress is dragging its feet hoping that all the CSRS - civil service retirees - pass away making this a moot point. Pretty sad, isn't it!! There are two COLA bills: HR. 4315 would change the index used to figure COLAs from the CPI-W to the CPI-E which more closely and accurately estimates the spending of seniors. HR. 304 -Equal COLA Act - would allow FERS retirees to receive the same COLA as the CSRS retirees.

In closing, I would like to ask you all to become more involved with NARFE by recruiting new members, becoming more active in your chapters and state board, and finally by contacting your congressional representatives as needed on these legislative issues I have presented you. We all need to have our voices heard to make sure Congress not only hears our concerns, but acts on them appropriately. Thank you and stay safe and healthy until we meet again.

Please inform NARFE Headquarters when you change your e-mail or regular address by calling 1-800-456-8410 or e-mail: memberrecords@narfe.org

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Get Active in NARFE Grassroots Advocacy - Training Available



SHERRY HASKINS
1st VP & Legislative Chair

I trust everyone is enjoying autumn in the Show-Me State.

NARFE Voices Grassroots Newsletter

This monthly newsletter - addressed to Federation and Chapter Legislative Chairs, Congressional District Leaders (CDLs) and Senatorial Leaders (SLs) - is published by the Advocacy team at NARFE headquarters and includes status updates on bills and other relevant congressional information, strategies for engaging advocates, and relevant resources.

In the September/October newsletter, Grassroots Program Manager Marsha Padilla-Goad thanked NARFE members who participated in this year's Grassroots Advocacy Month campaign. Per Marsha, "As a result of your hard work during Grassroots Advocacy Month, 13 Representatives signed on as co-sponsors of the Social Security Fairness Act, H.R. 82. The bill now has 214 co-sponsors."

She also noted NARFE's increasing use of social media: "This year, NARFE focused on engaging members

on social media in a continued effort to maximize the value the medium adds to our advocacy effort. The campaign reached almost 35,000 people who engaged daily in activities tracked through views, click-throughs, likes, comments, impressions and shares across Facebook, Twitter and LinkedIn."

For more information on social media training webinars, see "Social Media Basics - Facebook and Twitter", "Social Media as an Advocacy Tool" and "Social Media Pages for Federations and Chapters" on www.narfe.org.

Note: Advocacy staff members are available to speak at federation or chapter virtual meetings. Send email requests directly to Marsha at mgoad@narfe.org to reserve the day and time of the event.

National Legislation

Please continue to review the "NARFE Bill Tracker" in the monthly *NARFE Magazine* for a concise summary of legislation NARFE is following.

Then, please visit the NARFE Legislative Action Center at <https://new.narfe.org/advocacy/legislative-action-center/> to reach out to legislators.

The Action Center also allows us to sign up for legislative alerts, view and search for legislation, and view how our officials voted on key actions.

2022 Federation Election

The ballot for elected officers will be published in the Winter Federation newsletter. Ballot for officer election on Page 4. Ballot for Bylaw Amendment on Page 5. Election information will also be available on the Federation website, www.monarfe.org.

Federation Mentoring Program

Reminder: The Federation also has a mentoring program to train potential NARFE leaders. Per the Federation Policy Manual:

To participate in the mentoring program for the Federation 1st Vice President, 2nd Vice President, Secretary, Treasurer, Congressional District Leader (CDL), or an appointed officer position, any dues paying Federation member may notify an FEB [(Federation Executive Board)] member by phone, email or regular mail of his/her interest. Training will begin after approval by the FEB. The incumbent officer will provide the training throughout the year, most likely at quarterly FEB meetings, which the trainee may attend as a guest. (*Note:* This training does not guarantee nomination or election to the position. Election of Federation Officers will proceed as described in Article IV of the Federation Bylaws in which mentoring is not required.)

As always, thank you, Missouri NARFE members, for your advocacy efforts.

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Federation Conference Committee Fine Tuning Agenda



LAURA COWART
2nd Vice President

By the time most of you receive this report, we will be in the depths of winter...brrr. I hope that all of your holidays were filled with joy and happiness.

The Membership Recruitment Drive was held September 1 – December 31, 2021, and is now history. I hope all of you took advantage of the MO Federation Board paying the first-year membership dues for a new member who resides in our State. And, in addition, you have received the \$20.00 (\$10.00 each) incentive that both the National and Federation paid for any new member who joined regardless of their residency.

As of this writing, the MO Federation of NARFE has 1,603 Chapter members representing 25 Chapters and 1,473 Federation National Only members. A grand total of 3,076 members. Let's double our membership – can I count on YOU? Membership still looks dire as we have been decreasing in membership now for quite some

time. As Ken Thomas, National NARFE President and our Federation President, Emerson Kretzer has said many times, if EACH of us sign-up just one NEW member, our membership doubles. This seems like a doable goal that we all can attain.

NARFE Perks – Membership pays whether you are planning your next vacation or planning for retirement. NARFE members can save money on everyday purchases thanks to our Affinity Partners. Join NARFE today to take advantage of these great deals. Check out all of our Affinity Partners at new.narfe.org/membership/narfe-perks

We are now looking forward and at this time, hopeful that the 2022 MO Federation State Conference will be held. As a reminder, the dates are May 4-5, 2022 at the Oasis Hotel & Convention Center in my hometown of Springfield. The committee will begin meeting on a regular basis to “fine tune” our agenda. If any of you have any suggestions, please do not hesitate to contact me. My contact information is on the inside of the first page of this newspaper.

Beginning January 2022 cost-of-living adjustment will be 5.9 percent for Social Security benefits and Civil

Service Retirement System annuities, representing the biggest increase since 1982. This is great news for all!

FEEA Scholarship Applications available as of November 2022. Here's the website to find out more about the Scholarship program. feea.org/our-programs/scholarships

Remember these scholarships are available for Children, step-children, and legal dependents of full- or part-time permanent federal civilian or postal workers employed with the federal government for more than three years, as well as the employees themselves and their spouses. Some associations and unions partner with FEEA to provide specific scholarship programs for their employees, employees' children, grandchildren, or spouses, or retirees' children, grandchildren, or great-grandchildren. FEEA uses a common application for all FEEA and co-sponsored scholarships. Please download the detailed 2021 FEEA scholarship application instructions for more information.

Members, stay healthy and strong and hope to see many of you at the 2022 MO Federation Conference in May!

Membership in NARFE is Declining



CINDY BLYTHE
Region 5 Vice President

The pandemic of 2020 has carried into 2021 with more force than we had hoped. I know everyone in the world was hoping and counting on a better outcome in 2021. Just for information's sake, I looked up the numbers since the

original outbreak in early December 2019: on May 13, 2020 there were over 292,000 deaths in 187 countries and territories. As of September 19, 2021 the USA has reported 6,915,620 deaths with a 1.6% death percentage. Region V has a total of 37,241 deaths attributed to the COVID-19 virus. Makes you wonder how many of the 37,000 were NARFE members or potential members.

The current membership picture: 160,477 total NARFE members. There are 80,666 National and 79,811 Nation-

al + chapter members. There are a total of 848 chapters and Region V has 118 of those chapters. We all know membership is declining, and I know I'm preaching to the choir. As an incentive for recruiting, the NEB approved the Annual Fall Membership Drive to run September 1 through December 31, 2021. For each new member recruited, the recruiter will receive \$10.00. We also approved the Active Federal Employee (AFE) incentive, which pays members \$8.00 for each new AFE recruited.

(See *Membership*, page 14)

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Membership

(Continued from page 13)

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The Federal Benefits Open Season is quickly coming up. Open season runs November 8th thru December 31. OPM recently sent out computer notification with a link for general open season information. Use this link : retireefebh.opm.gov/Annuitant/Home/ or call the Open Season Express number 1-800-332-9798. For information on the dental and vision programs visit www.benefeds.com/ or call 1-877-888-3337.

Keep watching your NARFE Magazine for informa-

tion about the National elections. There are deadlines for submitting bylaw revisions and candidate information. This is a good time to review the current bylaws and standing rules and make suggested changes. The Bylaws Committee will once again provide their opinion on accepting or rejecting a proposed change. If you don't have a clear understanding of a proposed change, please contact me and ask for the "real story" behind the change before voting. It is proven that for the past three election cycles, members have blindly accepted the recommendation of the committee without knowing the real consequences of the vote.

I'm pleased to announce and congratulate this year's NARFE Scholarship Winner for Region V, Quincy Wiegand, Cairo, MO. Quincy was sponsored by Beverly Davis. The scholarship will be for the 2021-22 academic school year.

The next National Executive Board meeting is scheduled for November 16-18. I know there are several issues with AMS that need addressing. If you have an issue, please let me know and I'll bring it up.

NARFE Missouri Federation Executive Board (FEB)

Minutes of the third quarter meeting October 28, 2021 (held via Zoom)

GARY ANDREW
MO Federation Secretary



President Emerson Kretzer called the meeting to order at 9:32 a.m. A moment of silent reflection immediately followed.

The Pledge of Allegiance was led by 1st VP Sherry Haskins.

Secretary Gary Andrew called the roll. All board members were present with the exception of Joanne Col-

lins, Maxine Rodriguez, Michele Brown, Ronny Lenzy, and Lois Nowlin.

The Minutes from the July FEB meeting were approved by motion.

Treasurer Marcy Nelson's report was previously distributed. She informed the board that disbursements came from Sherry's attendance at LegCon and Emerson's travel expenses for chapter support. Receipts came from national dues and interest on the CD. Marcy has received nine applications for new memberships. *A Motion came to the floor to approve the treasurer's report. It was seconded and passed.*

Region V Field Vice-President Cindy Reneé Blythe's report was previously distributed. She had no additional information to add to her report, but did let the board know that the next National Executive Board (NEB) meeting would convene in November via Zoom. Currently, meetings of the Strategic Planning Committee have come to a halt. Bids for facilitating a Strategic Plan for the national office have been received by the NEB and are under review.

President Emerson Kretzer's report was previously distributed. He attended the Rural Carrier's meeting and (See Board, page 15)

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Board

(Continued from page 14)

signed up six new NARFE members. He will be going to Columbia to give a presentation to (Postal) Rural Carriers and hopefully sign up additional new NARFE members. Chapter 991-Washington closing documents have been sent to national. Emerson is awaiting final word from them. There was further discussion with regard to the closing of Chapter 694-Poplar Bluff and Chapter 1437-Branson.

1st VP/National Legislative Chair Sherry Haskins' report was previously distributed. She expressed that as the organization loses members, most of whom are retired, it will be imperative for future members to reinvent NARFE to fit in with their needs and lifestyles so that the basic purpose of advocating for federal salaries and benefits and the benefits of retired employees is not lost. A discussion continued about how to make meetings convenient for both working members and retired members.

2nd VP/Immediate Past President/Membership Chair/FEEA Coordinator Laura Cowart's report was previously distributed. She had no further comment to augment her report.

All District Leaders submitted a quarterly report. See the newsletter for details.

1st CDL Craig Pettibone commented on Cori Bush's focus on communicating with constituents and attending to the needs of those in her district.

2nd CDL Linda Kurz stated that she is revising her report to include a correction about chapter (2071) secretary Mary Ann Wehrle's presentation on Covid-19. She is also correcting her report with regard to COLA data.

3rd CDL Stephen Price commented that he receives only form letters from his district representative after he communicates with him. Stephen received word from

Mary Ann Stegeman, President of Chapter 313-Jefferson City requesting to close the chapter. Discussion of closing chapters emphasized that the decision to close lies with the members not the leadership. Stephen also spoke about an old bill in the State House that would affect taxes on federal retirees' income.

6th CDL Joseph Manno informed the board that all of the chapters in his district have been meeting in-person with the exception of Chapter 2256-Kansas City North. It appears that this chapter is headed for closure. Since the passing of the secretary in Chapter 1915-No. Central, Joe has assumed that office.

7th CDL Paul Mosbaugh reported that the November meeting for Chapter 19-Joplin would take on the feeling of a social club. Officers of Chapter 1437-Branson are seeking advice about what to do with their paper records should they close.

8th (Interim) CDL Walter Cowart stated that he has been unable to attend any chapter meetings in the district. He is looking for someone in Chapter 2283-Ava to take on the position of CDL for the district since he is not a resident of the 8th District.

State Legislative Chair Stephen Price's report was previously distributed. He commented that the Federation might have to revise its district/chapter alignments depending on how the state is redistricted based on the 2020 census.

NARFE-PAC Coordinator Elbert Williams' report was previously distributed. The PAC anticipates disbursing \$1.6 million dollars during the current 2-year cycle. So far, \$407K has been disbursed. There were six disbursements totaling \$9,000 to legislators in four Region V states (KS, MN, NE & SD). Iowa, Missouri and North Dakota has to

date not received any PAC funds. \$853K has been contributed to the PAC. There was a short discussion with regard to how contributions taken automatically (either through a credit card or from your annuity) can be managed by the contributor.

Newsletter Editor Mary Lamping advised the board that a new contract with the newsletter publisher was signed. The term for the renewal is four years. There is an opt out clause giving either party a 30-day notice to terminate the contract.

UNFINISHED BUSINESS

1- Conference Bank Account – Marcy stated that she needed to do further research into this issue. The board will address this issue after next year's conference.

2- General Consent for Voting – Gary cited a July email to the board from Region V VP Cindy Renee Blythe that the secretary must receive responses from board members when voting on motions taken without a meeting. All future voting issues without a meeting will abide by this directive; the Secretary to track the votes, then report back to the board of the results.

3- Publication of Newsletter – Mary reminded the board that there remain a number of federation members who do not use computers and therefore the printed newsletter may be their only connection with NARFE. There is no cost to the Federation to print the paper because the publisher covers his costs through ad revenue.

NEW BUSINESS

1- Federation Conference 2022 Update – Laura reported that the Conference Committee is still on target and will meet in January to firm up details. A rough draft of the
(See Board, page 16)



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Board

(Continued from page 15)

agenda has already been prepared. The board agreed that the conference should include a speaker from NARFE's Advocacy Committee. The board also agreed that a conference speaker be added to the agenda to address credit reporting-how to get a report and how to file a claim with a credit reporting company if an error is cited on your report.

Gary moved to hold the next board meeting (January 27) at the Oasis Hotel in Springfield. An amendment to the original motion was made to have the meeting as a hybrid (in-person and via Zoom) for those who might not be able to travel. After a short discussion, the amendment was seconded and passed. Thereafter, the original motion was seconded and passed.

2- CAB – Laura, the Region V Configuration Advisory Board (CAB) representative encouraged feedback on the newly launched FEDHUB, NARFE's social media. She informed the board that the National staff is back at the office three days a week. There continues to be issues with

the AMS (membership database) including assigning Position Codes for federation and chapter officers. National sees a clear need for an in-house IT/database manager. The board discussed the ongoing problems with the NES (email system). Discussion continued about the problems (e.g. adding information to the database by authorized officers) of the AMS not only by the Missouri federation and but by other Region V federations.

A Motion came to the floor to include in the quarterly newsletter for Laura to pen an article about CAB. The motion was seconded and passed.

3- 2022 Elections – Gary brought up several questions about the forthcoming election. President Kretzer is to appoint two committees – a Nominating Committee and a Teller Committee. Sherry volunteered to head the Nominating Committee. She will seek out candidates for open board positions. Emerson will contact Michele and Lois to serve on the Teller Committee. (Post meeting, both

Michele and Lois accepted their assignments). The Teller Committee receives and counts votes for those running for office. The board also discussed a proposed resolution to change annual conferences to biennial conferences. Cindy reminded us that the only business required annually is a report from the president and the treasurer. This could easily be accomplished via a Zoom meeting as we did this past April. Further discussion pointed out that such a change should not be a resolution but a change to the By-laws. Laura was going to rework the verbiage to fit as a By-law change.

MOTION: Call to adjourn the meeting came at 11:56 a.m. The motion was seconded and carried.

Next FEB meeting: January 27, 2022 at 9:30 a.m. at the Oasis Hotel in Springfield, MO (pending weather or Covid-19 conditions) and/or via Zoom.

FINAL Approved November 5, 2021

Two NARFE Chapter Closings in District 3



STEVE PRICE
District 3 CDL

As everyone is keenly aware, the current pandemic has made it almost impossible for us to meet in person, especially with our members being mostly in high-risk populations. Vaccines are

now widely available, but the 70 – 80% vaccinated target that the medical experts think is necessary is a long way off. Chapters are encouraged to continue with whatever communications are possible, and some do send out newsletters or emails when they can.

The status of Chapter 991 in Washington is pretty much the same; the closure of the chapter is progressing. Again, it is my understanding that all of the Chapter members have chosen to be transferred to the State Chapter.

I have been contacted by Mary Ann Stegeman, the president of the Jefferson City Chapter. She tells me that she has talked to several of the more active members of the chapter and they have all agreed to begin the process to close that chapter. The primary reason, as we've seen with other chapters, is that she no longer wants to be the president (I think the Secretary also wants to be replaced) and cannot find another member who will step up as a replacement.

Keeping a Watchful Eye on MO General Assembly in December

Pre-filing of bills for the next session of the Missouri General Assembly will begin on December 1, 2021. I will begin monitoring that process then, particularly in regards to

any bill similar to last session's House bill, HB1140, that might have tax effects that would be of interest to NARFE members. - Steve Price, State Legislative Officer

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Missouri Provides Steady Stream of NARFE-PAC Contributions



ELBERT WILLIAMS
NARFE PAC Coordinator

We have completed three quarters of the two-year 2021-22 congressional PAC cycle. Missouri continues providing a steady stream of PAC contributions, but there is still no reported attendance to legislators' fundraisers nor PAC disbursements in Missouri.

As of Sep 30, for the 3-quarter grand total, \$852,650 has been contributed to NARFE-PAC by 16,796 members nationwide. This includes \$332,409 from 7,318 national-only members who are not associated with a chapter, \$105 from four "international" members not residing in the states, and \$18,500 from 483 "other" members. Within Region V, at the end of the quarter, \$53,608 has been contributed by 895 members.

The total Missouri contribution was \$12,767 from 193 members. The total disbursement during just the third quarter, Jul thru Sep, was \$121,000. The disbursements included \$101,500 to 76 legislators and \$20,000

to nine Leadership PACs. Within Region V, there were six separate disbursements totaling \$9000 to legislators from four Region V states (Kansas, Minnesota, Nebraska, South Dakota). Iowa, Missouri and North Dakota legislators have not yet received any PAC money this cycle. Missouri members are encouraged to be on the alert for local fundraising events and to contact me or Ross Apter

at NARFE headquarters with the details.

NARFE-PAC contributions have remained strong for the first three quarters, but both contributions and disbursements are a bit below the third quarter totals for 2019-20. A continued strong level of support is required to ensure that we reach the NARFE-PAC 2021-22 contribution/disbursement goals.

2021-2022 SESSION OF CONGRESS	Contributions by Members		Disbursements	
	MISSOURI	REGION V	USA	USA
Qtr-1 Jan-Feb-Mar 2021	\$5,125	\$21,418	\$379,478	\$158,000
Qtr-2 Apr-May-Jun 2021	\$3,593	\$15,261	\$192,762	\$127,500
Qtr-3 Jul-Aug-Sep 2021	\$4,049	\$16,929	\$280,409	\$121,000
Chapter Mbrs Total:	\$12,767	\$53,608		
National-Only Total:	\$6,487	\$24,259		
TOTAL TO DATE:	\$19,254	\$77,867	\$852,650	\$406,500
2021-22 NARFE Goals:			\$1,850,000	\$1,350,000

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Treasurer's report

September 30, 2021

Checking Balance: July 1, 2021 \$24,036.32
 Receipts July - September: \$3,164.68
 Disbursements July - September: \$310.00
 Balance: 6-30-2021 \$26,891.00

CD Balance July 1, 2021 \$16,212.14
 Quarterly Interest \$8.17
 CD Balance 6-30-2021 \$16,220.31
Total of US Bank Accounts: \$43,111.31



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Meetings With Congressional Representative and Senators' Staff



CRAIG PETTIBONE
District 1 CDL

Following MO-1's Representative Cori Bush. As NARFE's designated contact with our MO-1 Congressional Representative, I find Rep. Cori Bush to be a very energetic Member of Congress.

I see her on her official website (bush.house.gov), on Facebook (www.facebook.com/RepCori), and on Twitter (twitter.com/coribush). I receive emails from her, almost daily. She is working hard to represent her constituents in MO-1 and demonstrates a keen interest in those constituents struggling to make ends meet. She worked hard to keep the federal housing moratorium and rental assistance programs in place. She worked closely with St. Louis County and City officials to ensure that her constituents had access to these programs. She holds monthly live internet video townhalls to let her constituents know how she is working to serve them. I have accepted invitations to join in some of these townhalls.

Rep. Bush Partners with local libraries. Rep. Bush recently announced a partnership with libraries in St. Louis County and city to help residents access various government services. Bush's constituent services team is operating the neighborhood service centers at two county branches and two city branches as part of the "Congress

in Your Neighborhood" program. The service centers are scheduled to run through the end of 2021 and will help residents navigate federal agencies and tax resources; secure passports; and handle immigration casework, military service academy nominations and other local issues.

Meeting with Rep. Cori Bush's Staff. As a part of the June 23 Advocacy Day at LegCon21, I and MONARFE members Sherry Haskins (C 2071) and Patricia Barrett (C 1843) met virtually with Rep. Cori Bush's Legislative Assistant in Washington, DC, Saul Levin. We were able to discuss Repeal or Reform of the WEP/GPO, Securing More Accurate Cost-of-Living Adjustments (COLAs) for Seniors, and Protecting the Federal Employees Health Benefits (FEHB) Program from the threat posed by the pending Postal Service Reform Act.

Meetings with Senator Roy Blunt's and Senator Josh Hawley's staff. As a part of August's Grassroots Advocacy Month, I participated in an August 10 meeting in St. Louis with Senator Blunt's Field Representative Jennifer Meyers and an August 12 meeting with Senator Hawley's Field Representative Ben Gruender. Linda Kurz, MONARFE Congressional District Rep for MO-2, arranged these later meetings. C 112 members Mary Lamping and Judith Smart participated in these meetings. We again discussed need for more accurate COLA's, reform of the WEP and GPO, and Postal Reform.

Chapter Activities

As President of Chapter 112, Greater St. Louis Area,

I continued to use Zoom video meeting software to make possible ongoing monthly ongoing meetings with not only C 112 members, but also to reach out to officers of the other St. Louis Area chapters 1240 (Florissant/North St. Louis County), 1278 (Jefferson County), and 2071 (West St. Louis County). Chapter 112 members enjoyed having members of other chapters join us while their chapters were not meeting during the ongoing Covid 19 pandemic. As summer ended and fall began, both C 112 and C 2071, were able to resume some in-person meetings. I continue to make C 112-chapter meetings available on Zoom to members of all four St. Louis Area chapters. We recommend that participants at in-person meetings be fully vaccinated for Covid-19 and wear masks except when eating.

Chapter 112 meets the second Tuesday of each month from 11 AM to 1 PM at the Sunny Street Café, 11692 Manchester Rd, Des Peres, MO 63131. Our October 14 meeting will feature Aetna's Susan Allgood, Relationship Manager, Federal Plans, discussing its health benefit plans. Our November 9 meeting will feature BCBS's Kimberly Corlew, Account Executive, Federal Health Products & Services, discussing its health benefit plans. Chapter 112 is will hold its annual Holiday Party on December 14, 11 AM to 1 PM, at the Genesis Banquet Center, 2651 Telegraph Rd, St. Louis, MO 63125. Members and guests are welcome. Cost \$23. Make checks payable to NARFE Chapter 112. If you wish to attend, mail your check to Chapter 112 Treasurer Glen Richter, 5633 Chalet Manor Ct., St. Louis, MO 63129-4106 by December 5.

NARFE Advocacy and Chapter 2071 Meetings

LINDA KURZ
District 2 CDL



AUGUST: I arranged advocacy visits to Senators Blunt and Hawley and to Rep. Ann Wagner of MO District #2. Craig Pettibone, Mary Lamping (both Chapter 112) and I visited the Senators' offices respectively on Aug 10 and 12. We discussed Postal Reform, fair COLA for retirees and WEP/GPO with staff. Senator Blunt's Field Representative told us that Senator Blunt was working on including vision and dental benefits in Medicare. Mary Lamping and I visited Rep. Ann Wagner's Ballwin office on Aug 25 and discussed the same issues. Our support requests were to be passed on since all

legislative matters are handled in Wagner's Washington office.

Our chapter 2071 met in person on August 5, complying with Covid restrictions. We saw media clips about history and construction progress of the new Geospatial Intelligence Western Headquarters on cleared, blighted North city property. Some historic properties were moved to new locations. A skills training partnership was signed with Harris-Stowe University to recruit local residents to cover future Geospatial Intelligence employee needs.

This was also the month when a trillion-dollar bipartisan infrastructure bill was passed by the Senate with 17 Republicans participating and which House Democrats will only approve in tandem with their \$3.5 billion democrat-only FY22 budget bill to be negotiated with the Senate in mid-September. The US exceeded the debt limit at

the end of July; and federal pension funds, Social Security Trust fund and TSP (extraordinary measures) were used to continue government operations. Democrats hoped that the FY22 budget or CR bill would also increase the debt limit.

SEPTEMBER: On September 2, chapter 2071 learned from an ecumenical Christian Ministry for Prisoners. They attract maximum security prisoners to meetings with food, but attendance is voluntary. Prison data show success in reducing violence within the prison through their food-meditations and interactive discussions. They believe those gang leaders, who attend repeatedly, talk other prisoners into attending. Prisoners, it is believed, return to meetings because they get love and caring they've never received

(See *Meetings*, page 19)

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Meetings

(Continued from page 18)

in their lives. They visit both men and women maximum security prisons and hold summer camps for the children of imprisoned parents, who likely also experience no caring by their families. Through repeated camp involvement such children become significantly less likely to become future prisoners themselves.

OCTOBER: Chapter 2071 met on October 7 with 12 members and 3 guests in attendance observing Covid-protective measures. Mary Anne Wehrle, chapter secretary and MRN, told attendees that there is now enough significant research to show that the vaccine is effective in protecting folks and keeping them out of intensive care if reinfected, but a booster will help increase their Covid antibodies for many months to all mutations that are arising. Covid is likely to become endemic like the flu. Research also shows that pregnant women or those who expect pregnancy can impart immunity to their babies and themselves without any ill effects. The flu shot (a dead viral version of current flu virus mutations) and the booster (an mRNA vaccine) can be taken at the same time, suggesting to take one in

each arm. Research also has shown that Covid is mainly passed through droplets projected to about 6 ft as we speak and much further if we sneeze. Using one's hand to catch a sneeze and then touching another human can transmit the virus within 24 hours of its vitality on surfaces. Vaccinated people can harbor and pass the Covid virus on to others, therefore it is recommended that all people wear masks and maintain a distance of at least 6ft or more from others in a crowded gathering, even in the stands of a sports stadium. It's a responsible reaction of people who care about others as well as themselves. Conspiracy theories have been debunked, and our responsibility should be clear.

The COLA pay has been formalized at 5.9% for CSRS but only 4.9% for FERS retirees. The federal pay raise will be 2.7% for CSRS and 1.7% for FERS until Congress passes the law to equalize COLA for FERS. FEGLI insurance premiums will change for a first time since 2016. BASIC (required for all feds) will increase by a cent per thousand of coverage as of October 1. Optional versions may increase or decrease, usually for midrange ages, not

for younger or older feds.

Mailing a letter now costs \$0.58, a post card \$0.40 as of October 1. Delivery for 31% of first-class packages will be delayed by up to 2 days while 5% will speed delivery by a day. One can order supplies, have packages picked up and tracked on line- this in spite of the Postal Board now including 3 Biden appointees.

Be careful to protect your identity through the IRS- their data is still partially vulnerable to hacking. Do not fall for any scams by phone calls, text messages or e-mails- they abound.

Although we have a Continuing Resolution and a Debt ceiling agreement until Dec 3rd, we are painfully close to crashing the US economy and cause a global recession because of the stubborn partisanship of both parties. Folks don't seem to understand, nor does the media help in explaining, that the debt ceiling has nothing to do with projected costs but simply pays for the debts we have already incurred and that were created by both parties.

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EDITOR'S NOTE - *Very Important!*

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Walk to End Alzheimer's Team NARFE MO Federation



LOIS NOWLIN
MO Alzheimer's Coordinator

I would like to thank everyone who donated and/or participated in the 2021 Alzheimer's Association Walk to End Alzheimer's. The Walk to End Alzheimer's is the world's largest event to raise awareness and funds for Alzheimer's care, support and research. This year's Walk was an in-person Walk. Team NARFEMO Federation had 4 chapters that participated in the Walk.

Chapter 11 – Springfield's Walk was on Saturday, September 25, 2021. The St. Louis area Walk was Saturday, October 23, 2021. Our team raised a total of \$2,065.00.

Chapter	Amount Raised
Chapter 11 - Springfield	Pending
Chapter 2071 - West County	\$120.00
Chapter 1240 - Florissant	\$610.00
Chapter 112 - Greater St. Louis	\$1335.00

Way to Go Team NARFE MO Federation!!

Alzheimer's Association Walk to End Alzheimer and The Longest Day Fundraisers

In 2020 NARFE teams raised a total of \$65,749, this exceeded our goal by \$15,000. Kudos to all of the dedicated NARFE team members for this accomplishment. This year, the 2021 NARFE National Team is committed to raising \$100,000. You can also build your team and host a Walk in your neighborhood, at your YMCA, etc. Donations can be made for the Walk to End Alzheimer's until December 31, 2021.

NARFE's Team Webpage Has All the Resources You Need to Succeed



September 25 in Springfield, MO (L to R) **Connie Cronin, Cynthia Rodrique, Laura Cowart** (all chapter 11 members), **Laura's daughter, Amanda Derham and Laura's grandson, Kayson Derham**

act.alz.org to visit our team webpage on the Alzheimer's Association site and follow your team and others progress. Once there, you can [register your team](#) and find [helpful resources](#) for ideas about fundraising and training and recruiting teammates.

Money raised for The Longest Day and the Walk to End Alzheimer's initiatives stays in local communities and specifically benefits those affected by Alzheimer's disease. To learn more, visit act.alz.org to read about your dollars at work.

Visit act.alz.org for the most current list of scheduled 2021 State Alzheimer's Association Chapter Walks. Please keep in mind these dates are subject to change so,

it is important to work with your Alzheimer's Association state chapter.

In addition to recognizing all teams for their commitment and support and presenting the Traveling Trophy, NARFE will recognize this year's top five fundraising teams in the January 2022 issue of *NARFE Magazine*. It is important that teams get registered as soon as possible so that you don't miss out on any updates for this year's Alzheimer's Walk.

MO Federation will recognize the participating teams in the Walk in the MO Federation newsletter. The chapter with the highest fundraising total will be the champion
(See Alzheimer's, page 21)

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Alzheimer's

(Continued from page 20)

and given possession of the Traveling Trophy.

- Remind your Chapters to hurry register their teams. It is not too early or too late!!! You can develop your team and host a Walk where you are around your neighborhood or have a virtual Walk or fundraiser.
- Please remind chapters that The Alzheimer's Association Walk to End Alzheimer's is different from NARFE Alzheimer's Research. Checks for The Walk are to be made payable to the Alzheimer's Association – The Walk to End Alzheimer's (TWEA).
- Register now and help NARFE meet our goal to have 100 Teams and to raise a minimum of \$100,000.



October 23 in St. Louis, MO (L to R)
Thresa Wilson (Ch. 1240), **Mary Lou Williams**,
Mary Lamping (Ch. 112), **Elbert Williams** (Ch. 112),
Olivia Stallings (Ch. 112), **Lois Nowlin** (Ch. 112),
Michele Brown (Ch. 1240)

Keep chapter members informed when you can't meet in person

MAXINE RODRIGUEZ
District 4 CDL

There has been very little activity in District #4. The Cass County Chapter has not met. Hopefully a meeting

will be held in December. The chapter lost a very viable member. Lois Beres was active in many organizations. She was the past Historian for the Cass County Chapter. No communication has been received from the other chapters in District 4. Keeping membership numbers up during this time is crucial. With limited or no activity,

members may begin to feel disconnected. I encourage chapter officers to keep members informed whenever possible. Checking the state website occasionally is one way to be informed. The national NARFE website is another.

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JOANNE COLLINS
District 5 CDL

During this pandemic, we have to find alternative ways to do our business, volunteer service, and enjoy our lives to their fullness. Our chapters are doing just that to meet their challenging responsibilities even though in-person meetings are not always possible. I asked Laura Cowart, 2nd Vice-President, to remind me about the proposed MO/NARFE membership drive. Each of our members who successfully recruited new members this year would get a finan-

cial incentive. If you are interested, please contact any of our state executive officers for more information. I took several copies of our NARFE Magazine to my local post office and Regional EPA offices. Then I had a one-on-one conversation with prospective retirees about joining us and the benefits of NARFE membership. I will follow-up with them during the spring of 2022.

We are very grateful to Mary Lamping, Newspaper Editor for her hard work to keep our membership communication arriving in our mailboxes. We are appreciative of the advertisers and the publishing company because it is printed and mailed at no cost to us. Let's support those advertisers as we travel over the state. I am going to shop in a couple of them while I am on my way to Branson this

weekend.

Keep your October issue of NARFE Magazine (pages 9-12) for a quick reference to all our priority legislation that we should communicate with our federally elected officials. Thank them for their support, and tell your story on how important it is to you. Remember, good federal employees like good teachers are all HEROES in the public service sector. Each chapter should invest in a copy of the 2021-2022 NARFE Congressional Directory. It is available from the Advocacy Department for \$20.00 each.

Best wishes during the holidays and have a Happy New Year.

Saying Goodbye to Loyal NARFE Friend Barbara Graves



JOE MANNO
District 6 CDL

I attended my home chapter's (1915) meeting on September 13, 2021, at Murray's Buffet and Grille. We had a member pass away in August. She was Barbara Graves our long-time chapter Secretary. She will be missed by all. I have assumed the duties of chapter Secretary until we have the election of 2022 officers at our Annual meeting in November. We held a Bake sale after the business meeting for the benefit of NARFE Alzheimer's Research.

I talked to Phyllis Tuggle on September 25, 2021, and she said that she had a stroke in early September and is recovering at home. Phyllis is a lifetime NARFE Member

and was the long time President of the Bethany, Missouri, NARFE Chapter until it closed. She has been a member of our Chapter (1915) since then. She will be 91 years old in October.

On September 29, 2021 I received a call from Kay Crayton Chapter 2256 (Kansas City North) President. The members have decided that they do not want to meet in person. I told Kay they would have to meet and discuss the ramifications of closing the chapter and then vote on whether to close the chapter. Because they do not want to meet in person the vote would have to take place via phone or email. I told her there were several things that must take place after the vote and that the Federation President is the only person who can close the chapter. She told me that she would get back with me when they decide.

I received a call from Morris Ridge and his wife Ethel

on September 30, 2021. Morris is a lifetime member of NARFE and former District 8 officer from the Boot Heel area. After his chapter closed, he moved to Winn, Arkansas, to live with his son. He has medical issues including a bout with cancer and a broken hip. He is in recovery now and going through physical therapy. I enjoyed talking to Morris and his wife, and he did sound positive about his own health. He also mentioned that he would like to make it to our conference in Springfield in 2022 if his health allows him to.

Chapters 307 St Joseph, 683 Hannibal, and 1944 Excelsior Springs have been meeting in person for the past two months.

The scheduled meeting for the NARFE Strategic Planning Committee October 7, 2021, was cancelled. Cindy Blythe, Chair for the committee, will reschedule the meeting.

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Branson Shepherd of the Hills Chapter Votes to Shut Down



PAUL MOSBAUGH
District 7 CDL

I attended Branson, Shepherd of the Hills Chapter 1437 meeting at the White Fish House in downtown Branson on 20 October 2021. Six people attended

the meeting. Per their information they only have 17 members living in the area available to attend meetings. Therefore, they have voted to close their chapter by the end of the year. They will be sending a letter out to all their members letting them know what actions they need to take and to advise them that they will have a meeting on December 15, 2021. I advised them that they could transfer all members to the Missouri State NARFE Chapter 1843 or the Springfield Chapter 11.

I have been in contact with the elected officers in Chapter 19 (Joplin) during the last few weeks, and we have planned to hold a meeting at Granny Shaffers on Range Line Road in Joplin on the second Tuesday at 11:30 AM, November 9, 2021. We only have about eight people attending our meetings, but we will try to keep our chapter active.

Springfield Chapter 11 Continues Good Meeting Attendance

WALTER COWART
District 8 CDL

I have not visited the three chapters in MO 8th since my last report. I have not received any correspondence from them during that time period. I hope the chapters are doing well.

The Springfield chapter 11 is meeting regularly each month, and has been for several months now. We usually have from a dozen to 20 attending at each meeting.

Welcome Washington Chapter!

Minutes of Missouri State NARFE Chapter 1843 Quarterly Meeting - October 31, 2021

PATRICIA BARETT
President / Secretary, Chapter 1843

Location: Electronic Zoom Meeting
Call to order at 11:00 a.m. Attending were Pres/Sec'y Patricia Barrett, Treasurer Rudy Spann, Wanda Britt, Jim Ollar, Lisa and Dee Vanderburg, associate member Joe Manno and associate member Mary Manno

The Pledge of Allegiance was led by Patricia Barrett.

Agenda: Joe Manno motioned to approve the agenda. Seconded by Rudy Spann, all ayes to accept the agenda.

Minutes of the 4/30/21 annual meeting were reviewed. Joe Manno motioned to accept the minutes; Rudy Spann seconded. All ayes to accept the minutes.

Treasurer's Report: Rudy Spann gave the treasurer's report. The treasury balance was \$8054.01 as of October

30, 2021. Deposits included Electronic Funds Transfers from the national organization and \$478.70 from Chapter 991 closing. Expenses included postage to send Chapter 1843 records and materials to Patricia Barrett and registration of \$135 to send Patricia Barrett to LEGCON 21. The treasurer's report was accepted.

Payment of bills: No bills were outstanding.

Chapter President's Report: Patricia Barrett reported that the chapter membership is 169 on the NARFE site as of 10/30/2021. Membership includes members from chapters that have closed in the last five years, including Columbia Chapter 312, Houston Chapter 2096, Kennett's Bootheel Chapter 1926, Sedalia Chapter 605, Quad Cities Chapter 1843, and the Lake Ozark Chapter 1561. We have not seen members from Chapter 991 - Washington as of the date of the report.

State MONARFE Report: Joe Manno reported on the

upcoming face-to-face Missouri State Annual conference. The annual conference will be in Springfield on May 4-5, 2022.

The FEB voted to keep the newspaper for four more years.

At the recent FEB meeting, five more chapters are discussing closing. It is difficult to get officers in these chapters, and members are not coming to face-to-face meetings.

There is an upcoming election for the FEB. There will be ballots in the January newsletter. Open positions include the 2nd Vice President, the District 4 CDL and the District 8 CDL. These are two-year terms. One bylaw amendment is also on the ballots. The bylaw amendment up for a vote is having the State conference biannual instead of annually as it is now. Recent membership numbers were

(See Washington, page 24)



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Washington

(Continued from page 23)

reported as 164,000 nationwide, and 3,000 members in the Missouri NARFE.

Old Business: The closure of the Washington Chapter 991 is still in process. Several members plan to transfer to our Chapter 1843. WELCOME!!

Patricia manages a Facebook page – the Missouri State NARFE Chapter 1843 – as a public group. All are welcome to like and follow this page. It will share meeting

notices, webinar links, pertinent notices and articles, and some fun stuff. Please join and share information with Patricia to post on the site.

New Business: The members discussed using Chapter funds for members who wish to attend the Annual Conference in May of 2022. A formal vote is planned for the next virtual meeting. Please reach out to Patricia about this benefit to members.

Jim Ollar shared that membership in NARFE is more important to active and retired members. Our retirement benefits are in danger and public perception sometimes is negative towards federal employees and retirees. We as NARFE members should be sharing the benefits of membership whenever we can.

Next Chapter meeting will be in December of 2021.

At 11:40 a.m., the meeting was adjourned.

What and Who is CAB?

LAURA COWART

Configuration Advisory Board Member - Region 5

Greetings NARFE members.

All of you may be wondering what and who is CAB.

Well, the Configuration Advisory Board is your voice to NARFE headquarters with concerns regarding any IT issues with either the chapter or federation. Our goal is to navigate, on your behalf, the problems you are having with the AMS system (Financial Reports, M-112, Label Reports, etc.) and the list goes on. Now, including

NARFE's new FEDHub that launched in November.

Please do not hesitate to contact me with any of your concerns. Even though I have been in this position a short time, I am willing to help you in any way that I can through my direct contacts with NARFE.

Check Your Credit Report



RONNY LENZY
Federation Service Officer

It's good advice to check your credit report at least once a year. You can receive free copies of your credit report every 12 months from www.annualcreditreport.com/index.action This is the only authorized source under federal

law that provides free credit reports from the three major companies-Equifax, Experian, and TransUnion. Other websites that promise free credit reports may require you to sign up for "free trials" that eventually charge you or try to sell you other products or services you may not need.

Check your credit report to:

- Be sure your information is correct and up-to-date.
- Look for any errors. Double check that your report only contains information about you, to guard against identity theft.

- Fix any mistakes that you find.

If you suspect that the error on your report is a result of identity theft, you need to file a dispute to correct it. For information about identity theft and steps to take if you have been victimized, you should visit Federal Trade Commission's identity theft resource center to report the identity theft and get a recovery plan: www.identitytheft.gov/#/

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Quarterly Alzheimer's Report to FEB

LOIS NOWLIN
MO Alzheimer's Coordinator

I have great news to report: NARFE Headquarters officially released the information that NARFE Alzheimer's Research Fundraising total has exceeded \$14 million. This was made possible due to a gracious anonymous



bequest donation of \$100,000.00 by a NARFE member. Our new fundraising goal is to reach \$15 million by December 2024. This was decided during our NARFE Alzheimer's National Committee on September 15-16, 2021.



Goal \$14 Million by December 31, 2022	As of 9/30/2020 \$13,615,468.38	As of 9/30/2021 \$14,082,862.41 (\$38,447.94 from our \$14M goal)	Includes \$3,780.00 from the Longest Day and \$65,748 both from 2020
	September of FY 2021	September of FY 2022	Difference of
FY Comparison	\$41,795.85	\$121,310.35	up \$79,514.50
May 2020 & 2021	September 2020	September 2021	Difference of
NARFE members raised	\$13,349.62	\$121,310.35	up \$107,960.73
	September 2020	September 2021	Difference of
Region V totals	\$3,214.00	\$4,329.29**	up \$1,115.29

**Region V ranks #5 within our 10 regions

To make a recurring monthly gift/donation to the Alzheimer's Association online with a credit card (this is a frequently asked question – please share with members).

• A donor can simply call in to the following number (800-272-3900), and ask to be redirected to Donor Ser-

vices to set up their NARFE recurring monthly gift. A member within our Alzheimer's Association's Customer Service Team will then work with the donor over the phone to set up their payment. The donor can also contact the Alzheimer's Association by email at donorservicesinfo@alz.org. When emailing, for security purposes, it is recommended that the donor do not put your credit card

info within the email message. By simply providing us with your phone number and other contact information, the Alzheimer's Association's Customer Service Team will follow up with the donor. Let me know if you have any questions regarding the monthly donations by credit card online.

(See Alzheimer's, page 27)

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Alzheimer's

(Continued from page 25)

The donations/gifts forwarded to the Alzheimer's Association late in the month will more likely not show on the next month's NARFE Fundraising Monthly Report. I submit most donations by the 15th of the month. Monthly I reconcile the report of what I have submitted to the Alzheimer's Association with the NARFE Fundraising Monthly Report. If a report is incorrect or a donation is not shown on the monthly report, I follow up with the Alzheimer's Association until the issue is resolved. Because of timeliness of mail delivery and follow-up, this could take up to two months. I ask that you also inquire the status of your check with your bank to see if your check has cleared. There have been a few issues that I have encountered when reconciling my reports. Please be prompt in submitting received donations. This will facilitate posting and identifying donations that may not be listed for the federation that submitted the gift/donation (so corrections can be made if required).

Please let me know if you have any questions regarding this information.

Research Update & Grant Proposals Granted

During the training meeting, the NARFE National Alzheimer's Committee reviewed six research grant proposals. Based on the amount of funds NARFE chapter members raised during Fiscal Year 21, the top two research grant proposals voted upon by the committee were awarded a total of \$278,126.78.

1. Pablo Martinez Contreras, Ph.D. - 2021 Alzheimer's Association Research Fellowship to Promote Diversity

Indiana University, Bloomington, IN

Role of Bassoon in Tau Pathophysiology and Propa-

gation. What are the biological mechanisms by which abnormal tau protein accumulates and moves in the brain in tauoprotein?

\$175,000 over 3 years (fully sponsored).

2. Yi-Chen Hsieh, Ph.D. - 2021 Alzheimer's Association Research Fellowship

Brigham and Women's Hospital, Boston, MA

The Ubiquitin-Proteasome System in The Degradation of Tau in Alzheimer's Disease Neurons. How may the clearance of nerve cell waste be associated with brain changes observed in Alzheimer's?

\$103,127 out of \$174,497 (partial sponsorship).

Additional information about the research grant proposals will be published in the December 2021 issue of the NARFE Monthly Magazine.

Alzheimer's Semipostal Stamp Update

As of the end of August 2021, 9.2 million Alzheimer's stamps have been sold, bringing the total revenue raised to more than \$1.1 million. By law, 100 percent of the net amount raised is transferred to the National Institutes of Health to support research and medical discoveries in the fight against Alzheimer's disease.

The semipostal stamp will raise awareness and critical research funds. Using the Alzheimer's stamp honors the memory of those whom we've lost and signals our support for those still facing the challenges of this most difficult disease. Please continue buying and using the stamp and help to raise awareness of the Alzheimer's semipostal stamp. Many caregivers and fellow advocates 1) don't know of the stamp's existence and 2) are unable

to purchase it at their local post offices. The easiest way to get the Alzheimer's semipostal stamp is to purchase it online at The Postal Store®: store.usps.com/store/product/buy-stamps/alzheimers-S_564204.

Please encourage those in your network to purchase and use the Alzheimer's Semipostal Stamp. Please inform your family, friends, church members, and neighbors and encourage them to purchase the Alzheimer's Semipostal Stamp. They make great gifts.

Available Resources (links below to access information):

1. Alzheimer's Association NARFE Website (alz.org/narfemembers)
2. www.alz.org/forms/narfe to sign up for the NARFE Alzheimer's newsletter
3. NARFE e-Newsletter archive: www.alz.org
4. www.alz.org Walk
5. ALZ Magazine: Email alzmagazine@alz.org to subscribe
6. NARFE pamphlets/handouts:
 - a. FH-12 Pamphlet from NARFE new.narfe.org
 - b. Chapter Manual (not attached - updates forthcoming)
 - c. Federation Manual (not attached - updates forthcoming)
7. Blog Posts www.alz.org/blog: Spotighting Wally & Spotighting Kathy
8. Facts & Figures Townhall: alz-org.zoom.us/rec/play/cWWvVoUiUafMfFC00b00CVZsUn4_mYwPuw00c-wpLaoquvQszYuEhptv1nzR6-7XMks5EuSHVbbX3E_wLpuH5v57CNjhp3DM2?continueMode=true

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How to Apply for the FEEA Tutoring Program

Last year, FEEA introduced a new tutoring program (feea.org/our-programs/tutoring) created to help fill the urgent need many families were facing during national K-12 school disruptions. FEEA is restarting the program now for the 2021-22 school year to continue assisting families during the ongoing pandemic. Through a partnership with **Tutor.com**, the program provides free, one-on-one, online, on-demand tutoring in all of the most common K-12 academic subjects. Kids can get help when they need it from an experienced tutor.

Due to the popularity of the program and our limited

funding, we have two important changes for the current school year:

1. Annual salary must be less than \$75,000. This applies to the full-time or full-time-equivalent salary of the federal employee parent, including any locality pay.
2. Each participating family will be limited to 1,000 minutes of tutoring (approximately 16 hours total per family). Please note this is a per family limit, regardless of the number of eligible children in the family.

All families wishing to participate -- including those

who registered last year -- must submit an application (feea.org/our-programs/tutoring/tutoring-application). We encourage parents to register early so tutoring is available when your family needs it. Application processing can take up to ten business days.

Please visit feea.org/our-programs/tutoring for complete program information and check out our FAQ (feea.org/our-programs/tutoring/tutoring-faq) for answers to the most common questions.

NARFE Offers Webinars on FEHB & Medicare

NARFE members can view several webinars from the NARFE Federal Benefits Institute (www.NARFE.org) that can answer your questions about how to integrate your FEHB plan with Medicare. Some of the NARFE webinars related to this topic are:

- **To B or Not to B: Is Medicare Part B Right for You?** (Archived from September 15, 2021)
- **Understanding Medicare Advantage** (archived from October 14, 2021)

- **Which FEHB Plan is Right for You?** (November 4, 2021)
- **So Many Choices: Which FEHB Plans Work Best with Medicare Parts A & B?** (November 18, 2021)

Federal Communication Commission Offers Emergency Broadband Benefit to Help Households Keep Internet Connection During the Pandemic

The Federal Communications Commission has launched a temporary program to help families and households struggling to afford Internet service during the COVID-19 pandemic. The Emergency Broadband Benefit provides a discount of up to \$50 per month toward broadband service for eligible households and up to \$75 per month for households on qualifying Tribal lands.

Eligible households can also receive a one-time discount of up to \$100 to purchase a laptop, desktop computer, or tablet from participating providers.

Eligible households can enroll through a participating broadband provider. See the provider list here: www.fcc.gov/emergency-broadband-benefit-providers or directly with the Universal Service Administrative Company

(USAC see this website: www.usac.org) using an online or mail-in application at this website: GetEmergency-Broadband.org

You can learn more about the benefit, including eligibility and enrollment information, by visiting www.fcc.gov/broadbandbenefit, or by calling **833-511-0311**



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To obtain additional information about NARFE, please complete the card below, cut out and mail to:

NARFE National Active and Retired Federal Employees Association
FEDERAL BENEFITS EXPERTS

Full Name _____
 Street Address _____ Apt. / Unit _____
 City _____ State _____ ZIP _____
 Email _____
 Phone _____

I am a Current Federal Employee Retiree
 Are you a NARFE member? Yes No

FOR NARFE USE ONLY Recruiter # _____

M-2 (09/13)

NARFE Membership
606 North Washington St.
Alexandria, Virginia 22314-9705



NARFE MISSION STATEMENT

To support legislation and regulations beneficial to federal civilian employees and annuitants and potential annuitants under any federal retirement system and to oppose those detrimental to their interests.

To promote the general welfare of federal civilian employees and an-

nuitants and potential annuitants, to advise and assist them with respect to their rights under retirement, health and other employee and retiree benefits laws and regulations, and to represent their interests before appropriate authorities.

To cooperate with other organizations and associations in furtherance of these general objectives.



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NARFE MEMBER BENEFITS

- Access the NARFE Federal Benefits Institute for powerful resources to help you fully understand and manage your benefits.
- Visit the Legislative Action Center to contact your representatives about bills affecting federal benefits.
- Get monthly issues of *NARFE Magazine* with news and insights for the federal community.
- Visit the Member Perks page for a full listing of the many time-, money- and hassle-saving benefits available only to NARFE members.
- The opportunity to get involved at the local level by joining a chapter in your area.

NARFE MEMBERSHIP APPLICATION

YES. I want to join NARFE for the low annual dues of \$48.

Mr. Mrs. Miss Ms.

Full Name _____

Street Address _____

Apt./Unit _____

City _____ State _____ ZIP _____

Phone _____

Email _____

I am a (check all that apply)

- Active Federal Employee Active Federal Employee Spouse
 Annuitant Annuitant Spouse Survivor Annuitant

Please enroll my spouse

Spouse's Full Name _____

Spouse's Email _____

THREE EASY WAYS TO JOIN

1. **Complete this application** and mail with your payment to NARFE Member Services / 606 N Washington St / Alexandria, VA 22314-1914.
2. Join online at www.NARFE.org.
3. **Call 800-456-8410**, Monday through Friday, 8 a.m. to 5 p.m. ET.

PAYMENT OPTIONS

- Check, Money Order or Bill Pay (Payable to NARFE)
 Bill me (*NARFE membership will start when payment is received.*)
 Charge my:
 MasterCard VISA Discover AMEX

Card No. _____

Expiration Date ____ / ____
mm yyyy

Name on Card _____

Signature _____

Date _____

TOTAL DUES

\$48 Annual Dues X _____ = _____
 Per Person # Enrolling Total Dues

Dues payments are not deductible as charitable contributions for federal income tax purposes.

LOOKING TO MEET OTHERS in the federal community and participate in NARFE at a local level? Call 800-456-8410 to learn about a NARFE chapter in your area.

Would you like to receive a **FREE** one-year chapter membership? Choose one:

Chapter closest to home OR Chapter # _____

MAY WE THANK SOMEONE? Did someone introduce you to NARFE? Please provide their Name and Member ID.

Recruiter's Name _____

Recruiter's Membership ID _____

NARFE respects the privacy of our members. Personal information is used to provide content and relevant communications to our members, and will not be sold or rented to third parties.



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NARFE's Dues Withholding Program

What is dues withholding?

It is a dues-payment method available to retired NARFE members, their spouses and annuitant survivors giving them the option to have their annual NARFE membership dues deducted from their annuities each month.

Advantages

- Save more than 10% off your annual NARFE dues
- Sign up your spouse and double your savings
- You'll never get another dues reminder from us
- Your monthly payment is affordable and convenient
- You may cancel your dues withholding at any time

How does it work?

One-twelfth of your total dues is automatically deducted from your monthly annuity. Your monthly deduction is determined by the following formula:
(\$42 NARFE dues ÷ 12) + (Chapter dues - if applicable ÷ 12) = total monthly deduction

How do I sign up?

Complete the Dues Withholding Application below. Send no payment. It may take 60 to 90 days before auto-deduction starts. Your membership starts as soon as your application is received. To learn more about dues withholding, call 800-456-8410.



NARFE Dues Withholding Application for NARFE Members who are Retirees, Spouses of Retirees or Annuitant Survivors

STOP! Complete this section ONLY if you are signing up for Dues Withholding. If so, DO NOT send payment

YES. I want to enroll in NARFE's Dues Withholding Program. NARFE dues of \$42* and chapter dues, if applicable, to be withheld annually. (*Dues-withholding members save more than 10% off the regular NARFE dues rate.)

Social Security Number (9-digit number)

□ □ □ - □ □ - □ □ □ □ □

Civil Service Annuity Number

C S □ - □ □ □ - □ □ □ □ □
(Include prefix, CSA or CSF)
(Include any applicable suffix)

Mr. Mrs. Miss Ms.

Full Name _____

Street Address _____

Apt./Unit _____

City _____

State _____ ZIP _____

Phone (_____) _____

Email _____

Date of Birth ____/____/____
mm dd yyyy

NARFE MEMBERSHIP INFORMATION

NARFE Membership ID _____

NARFE Chapter Number _____

YES. I also authorize my (NARFE member) spouse's dues to be withheld from my annuity. (Additional annual dues of \$42 and chapter dues, if applicable, to be withheld annually. If YES, enter spouse's information below.)

Spouse's Name _____

Spouse's Membership ID _____

Spouse's Email _____

AUTHORIZATION (Withholding will begin in 60-90 days). Send NO PAYMENT with Dues Withholding Application!

I authorize the United States Office of Personnel Management to make appropriate deductions from my annuity payments, not to exceed the amount certified by the National Active and Retired Federal Employees Association as the amount of dues for which I am annually obligated, in accordance with elections I made above, and to pay the deducted sum to the National Active and Retired Federal Employees Association (NARFE). This authorization shall also apply to any and all dues changes certified by NARFE membership in accordance with elections I made. Please allow 60-90 days for processing.

I understand that this authorization shall be valid until NARFE receives and processes my written notice of cancellation in accordance with its agreement with the Office of Personnel Management and that any disputes regarding this authorization shall be a matter between NARFE and myself. I hold the Office of Personnel Management harmless for any erroneous allotment deduction made pursuant to this authorization.

Signature of Annuitant or Survivor-Annuitant _____

Date _____

Dues payments and gifts or contributions to NARFE are not deductible as charitable contributions for federal income tax purposes.

MAIL THIS FORM TO: NARFE, ATTN: Member Services, 606 N. Washington St., Alexandria, VA 22314-1914

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(DW-2 01/21)



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Chapter 11, Springfield. Meets 2nd Wednesday, 10:30 am, at Jimmy's Egg, Parkcrest Shopping Center, 3837 S. Campbell Ave., Springfield, MO (417) 887-5990 or (202) 253-6350

Chapter 19, Joplin. Chapter 19, Joplin, Meets 2nd Tuesday, 11:30 am at First United Methodist Church, 501 West 4th St, (except July, August and December) (417) 642-5688.

Chapter 20, Greater Kansas City, MO. Meets 1st Saturday monthly (2nd Saturday in July & Sept), 1 pm at Metro Police Station Community Room, 7601 Prospect. (816) 761-0301.

Chapter 112, Greater St. Louis. Meets 2nd Tuesday monthly at 11 am (except July & December). Sunny Street Café, 11692 Manchester Rd, Des Peres, MO. (314) 698-2890.

Chapter 307, St. Joseph. Meets 4th Saturday, 12 Noon (except December) at Bandana's BBQ Restaurant. (816) 262-0043.

Chapter 313, Jefferson City. Meets 3rd Tuesday, 12 Noon at Perkins Restaurant, 1722 Jefferson St., Jefferson City. (573) 606-8363 or (573) 694-1850.

Chapter 683, Hannibal. Meets 2nd Thursday, 11:30 am at various locations. (573) 735-4713.

Chapter 694, Poplar Bluff. Meets 2nd Wednesday, 12 Noon at Twin Towers. (573) 785-0296.

Chapter 695, West Plains. Meets the 4th Tuesday (except December), 12 Noon at The Ranch House Bar & Grill, 1321 Preacher Roe Blvd., West Plains. (417) 938-4312.

Chapter 991, Corncob Pipe Capital/Washington. Corncob Pipe Capital/Washington, meets 2nd Wednesday of the month, 1 pm, at Ponderosa Steakhouse in Washington. (636) 239-7548.

Chapter 1012, Cass County. Meets 1st Friday, 11:00 am at Foxwood Springs in Raymore, MO (even months). (816) 322-6230.

Chapter 1164, Independence. Meets 3rd Thursday, 1:30 pm at St. Pauls' Lutheran Church. (816) 478-0172.

Chapter 1240, N. St. Louis Co. / Florissant. Meets 3rd Tuesday, 12 Noon at Harmony United Methodist Church, (except July & December). (314) 837-7057.

Chapter 1278, Jefferson County. Meets 4th Tuesday, 12 Noon, at Ponderosa in Arnold, at the corner of Jeffco and Richardson. (636) 282-9637.

Chapter 1437, Shepherd of the Hills / Branson. Meets on the 3rd Wednesday of each month from Jan to Oct. The combined Nov-Dec meeting date is determined at the Oct meeting. (417) 230-3586

Chapter 1463, Golden Valley, Clinton. Meets on the 2nd Wednesday at 12 Noon at the Clinton Senior Center. (660) 351-2790.

Chapter 1843, Missouri State NARFE Chapter. Meets on line and via telephone at 11:00 am on the 3rd Monday of May, September, and December, and in person at the annual Federation Conference in April. (573) 372-8101.

Chapter 1859, Mexico. Meets 4th Tuesday, 11:30 am January, March, May, July, September and November at Paris Senior Center, Paris, MO. (573) 672-3202.

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Chapter 1915, N. Central. Meets second Monday at 12 noon at Murray's Buffet and Grille, 719 South Washington St, Chillicothe. January, March, May, July, September & November. (660) 255-4655.

Chapter 1944, Northland, Excelsior Springs. Meets 2nd Saturday, Please call 816-580-3046 for information and location.

Chapter 1980, Pomme De Terre. Meets 1st Wednesday, 11:30 Lunch, 12 Noon for meeting, at Smith Restaurant, Collins. (417) 998-9320.

Chapter 2041, Blue Springs. Meets 2nd Thursday, 11:30 am, at Sandy's Restaurant 1255 SW US, MO-7, Blue Springs, MO (816) 295-1325.

Chapter 2071, West St. Louis County. Meets 1st Thursday, 11:00 am at Young's Ice Cream Parlor and Grill, Valley Park, MO. (636) 629-3987.

Chapter 2256, Kansas City North. Meets 1st Friday of even months, 11:15 am, at various locations. (816) 384-1260.

Chapter 2283, Ava. Meets 3rd Wednesday of January, March, May, July, September, and November, 11:30 am, at Subway in Hartville, MO. (417) 736-2504.

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